

ASTON 5 MILES RESULTS - Sunday 1st July 2007

Pos	M/F	Cat	No:	Time	Name	Surname	Club	Cat.
1	1		155	27:49	Steve	McKeown	North Herts Road Runners	M
2	2	1	172	28:10	Terry	Fowler	Garden City Runners	MV 40
3	3	2	170	28:23	Simon	Bell	Fairlands Valley Spartans	MV 40
4	4		142	28:32	Bruce	Judge	Garden City Runners	M
5	5		134	29:02	Grant	Ramsey	Barnet & District	M
6	6	1	149	29:42	Keith	McLellan	Garden City Runners	MV 50
7	7	3	184	29:55	Stephen	Livingstone	Garden City Runners	MV 40
8	8		248	29:59	James	Atkins		M
9	9		160	30:11	Russell	Casey	Garden City Runners	M
10	10		161	30:36	Mark	Green	Garden City Runners	M
11	1		144	31:10	Martha	Hall	Garden City Runners	F
12	11		238	31:13	Keith	Mulholland		M
13	12		137	31:18	Jason	Mentern	Ware Joggers	M
14	2		95	31:40	Katherine	Philp	Garden City Runners	F
15	13		162	31:55	Patrick	Gallagher	Garden City Runners	M
16	14	4	180	32:07	Graham	Blackburn	Fairlands Valley Spartans	MV 40
17	15		129	32:14	Thomas	Pickering	Ware Joggers	M
18	16	5	99	32:15	Paul	Maguire	Fairlands Valley Spartans	MV 40
19	17	2	165	32:16	Andrew	Salisbury	Herts Phoenix	MV 50
20	18		98	32:18	Todd	Gray	Fairlands Valley Spartans	M
21	19		212	32:23	Toby	Hone	Royston Crows	M
22	20	3	106	32:24	Kenny	Blyth	Ware Joggers	MV 50
23	21		130	32:32	Daniel	Pickering	Ware Joggers	M
24	22	4	125	32:48	David	Frampton	North Herts Road Runners	MV 50
25	23		120	33:03	David	Finn	Ware Joggers	M
26	24	6	147	33:13	Mike	North		MV 40
27	25		201	33:31	Nick	Pamboris	Met Police	M
28	26	5	103	33:32	Jim	Brown	Fairlands Valley Spartans	MV 50
29	27	7	140	33:37	Roger	Partridge	Ware Joggers	MV 40
30	28	6	183	33:50	Dennis	Adams	Ware Joggers	MV 50
31	29	8	112	34:12	Anthony	Rose	Ware Joggers	MV 40
32	3	1	171	34:17	Yvonne	Jones	Garden City Runners	FV 45
33	30	9	217	34:22	Jon	Gaviria	North Herts Road Runners	MV 40
34	4		220	34:31	Lisa	Burgess		F
35	31		239	34:33	Simon	Morris	Ware Joggers	M
36	32	7	138	34:37	Andrew	Newbury	Garden City Runners	MV 50
37	33	8	174	34:44	Michael	Russell	Ware Joggers	MV 50
38	34		177	34:50	Robert	West	Leighton-on-Sea	M
39	35	9	250	34:56	Douglas	Hamilton		MV 50
40	36	10	111	35:01	Kevin	Smyth	FVS TRI	MV 40
41	37		135	35:05	Alan	Donald	Fairlands Valley Spartans	M
42	38		107	35:07	Bryn	Savage	Ware Joggers	M
43	39		186	35:11	Lewis	Cook		M
44	40	11	131	35:11	Mark	Collins	Fairlands Valley Spartans	MV 40
45	41	10	216	35:19	Russell	Devitt	Shaftesbury Harriers	MV 50
46	42	12	176	35:21	Allan	Currell	Southend A.C.	MV 40
47	43		226	35:23	Andrew	Jordan	Fairlands Valley Spartans	M
48	44	11	154	35:26	Alan	Jones	North Herts Road Runners	MV 50
49	45		215	35:28	Richard	Hung	Garden City Runners	M
50	46	13	118	35:32	Richard	Coffey	Ware Joggers	MV 40
51	47	14	235	35:44	Graham	Pugh	Harlow Running Club	MV 40
52	48	15	102	36:01	David	Heal	Garden City Runners	MV 40
53	49	12	123	36:07	Roger	Biggs	Fairlands Valley Spartans	MV 50
54	50		101	36:13	Jon	Williams		M

55	51	16	152	36:22	Ian	Turner		MV 40
56	52	17	117	36:30	William	Apter		MV 40
57	53	13	245	36:31	Richard	Derrick		MV 50
58	54	18	187	36:32	Thomas	Papworth		MV 40
59	55		225	36:37	Chris	Newbitt	Fairlands Valley Spartans	M
60	56	14	200	36:39	Alan	Hoade		MV 50
61	5	1	119	36:44	Jo	Summers	North Herts Road Runners	FV 35
62	57		190	36:55	Jak	Melvin		M
63	58	15	126	36:56	Jonathon	Little	Ware Joggers	MV 50
64	59	19	181	37:05	Steve	Smithson	Fairlands Valley Spartans	MV 40
65	60		104	37:09	Tristan	Emptage		M
66	61	1	141	37:10	Michael	Bowe	Garden City Runners	MV 60
67	62	2	97	37:10	David	Beasley	Herts Phoenix	MV 60
68	63		228	37:22	Martin	Reed		M
69	6	2	122	37:50	Kerry	James	Fairlands Valley Spartans	FV 35
70	7	2	249	37:58	Julie	Simmons		FV 45
71	64	16	127	38:03	John	Pickering	Ware Joggers	MV 50
72	8		230	38:10	Lauren	Stewart	Garden City Runners	F
73	65	20	208	38:16	Chris	Badell		MV 40
74	66	21	109	38:51	Malc	Cary		MV 40
75	67	22	233	38:51	Tony	Shortland	FVS TRI	MV 40
76	68	23	167	38:56	Marc	Saunders	Royston Runners	MV 40
77	69	17	237	39:04	Andy	Wilkes		MV 50
78	9	3	110	39:26	Lynn	Nicholls	Ware Joggers	FV 35
79	70	24	211	39:38	Robert	Moura		MV 40
80	71		243	39:39	Andrew	Hull	Fairlands Valley Spartans	M
81	72	25	124	39:39	Les	Taylor	Ware Joggers	MV 40
82	73	1	121	39:49	John	Butcher	Ware Joggers	MV 70
83	74		96	39:56	Stephen	Dingley		M
84	10	3	227	39:57	Barbara	Wilson	Fairlands Valley Spartans	FV 45
85	11		202	40:15	Sarah	Downes	Garden City Runners	F
86	75		100	40:29	Howard	Knight		M
87	76	18	207	40:33	Jim	Davis	Herts Phoenix	MV 50
88	77		166	40:36	Darren	Phillips		M
89	78	19	153	40:39	Ron	Church	Fairlands Valley Spartans	MV 50
90	12	4	231	40:56	Joanne	Mathews	Garden City Runners	FV 35
91	79		175	41:05	William	Russell		M
92	80		195	41:08	Jason	King		M
93	13	4	113	41:09	Jenni	Viner	Ware Joggers	FV 45
94	81		197	41:18	Martin	Turpin	Fairlands Valley Spartans	M
95	82		150	41:30	John	Mallett		M
96	83	20	236	41:44	Richard	Whiting	Herts Phoenix	MV 50
97	84		196	41:48	Michael	King		M
98	85	3	178	42:04	Dave	West	Leighton-on-Sea	MV 60
99	86	4	136	42:14	Terry	Nichols	Ware Joggers	MV 60
100	87	21	145	42:14	Phil	Cunningham	Ware Joggers	MV 50
101	88	5	143	42:18	Anthony	Osborne	Fairlands Valley Spartans	MV 60
102	89	26	148	42:18	Richard	Sidlin	Fairlands Valley Spartans	MV 40
103	14	5	139	42:19	Claire	Nichols	Ware Joggers	FV 35
104	90	27	105	42:25	Alan	Ridgway	Fairlands Valley Spartans	MV 40
105	15	5	185	42:40	Elaine	Cook		FV 45
106	16	6	168	42:42	Maria-Louise	Page	Ware Joggers	FV 35
107	17		151	42:45	Clare	Halfpenny	Ware Joggers	F
108	91	28	203	42:55	Hayley	Bradford	Watford Joggers	MV 40
109	18	6	240	42:59	Sue	Connell	Fairlands Valley Spartans	FV 45
110	92	22	241	42:59	Michael	Connell	Fairlands Valley Spartans	MV 50

111	93		205	43:00	David	Dunn		M
112	94		198	43:02	Michael	Conner	Fairlands Valley Spartans	M
113	95	29	232	43:07	John	Fitzpatrick		MV 40
114	96	23	164	43:21	Colin	Naman	Ware Joggers	MV 50
115	97		221	43:30	Matt	Burgess		M
116	19		210	43:55	Paula	Naman	Ware Joggers	F
117	98	6	159	44:34	Brian	Smith	Ware Joggers	MV 60
118	99	24	200	44:48	Alan	Hoade		MV 50
119	20	7	182	45:11	Sue	Cainelli	Ware Joggers	FV 35
120	21	8	94	45:33	Sara	Carter	Ware Joggers	FV 35
121	22	9	128	45:34	Nicola	Pickering	Ware Joggers	FV 35
122	100		244	45:49	Paul	Hesken		M
123	23	7	189	46:42	Alison	Suckling	Fairlands Valley Spartans	FV 45
124	101		218	47:08	Dave	McMullan		M
125	102		219	47:08	Jon	Burton		M
126	103	30	188	47:25	Leslie	Butler		MV 40
127	104	25	224	47:47	Robin	Hankins		MV 50
128	105	26	204	48:35	Des	Jones		MV 50
129	24		115	48:42	Jenny	Pope		F
130	25	10	223	48:52	Tracy	Stiles		FV 35
131	106	31	209	48:55	Alan	Randall		MV 40
132	107	27	234	49:22	Nicholas	Monk		MV 50
133	108	7	229	49:37	Alan	Goodwin		MV 60
134	26	11	173	50:51	Jeanette	Collins	Fairlands Valley Spartans	FV 35
135	109	32	242	51:02	Martin	Hannah		MV 40
136	27		156	51:04	Hayley	Faulkner	Herts Phoenix	F
137	28	8	157	51:04	Diane	Faulkner	Herts Phoenix	FV 45
138	110	33	251	51:34	Charles	Wykes		MV 40
139	111	28	214	51:56	Ian	Collier	Fairlands Valley Spartans	MV 50
140	29		213	51:58	Faye	Collier		F
141	30	12	199	52:59	Sara	Hailes		FV 35
142	31		116	53:38	Brooke	Lewis		F
143	112	29	194	54:23	Justin	Jewitt		MV 50
144	32	13	132	54:44	Sue	Samme		FV 35
145	33	14	133	54:44	Lesley	Douglass		FV 35
146	113	30	246	54:58	Steven	Brown		MV 50
147	114	31	193	55:25	Phil	Grey		MV 50
148	34		247	55:39	Danielle	Trodden		F